



KIDS

Cooking Classes*

WE OFFER COOKING CLASSES AND FOOD TASTING WITH AN EMPHASIS ON FRESH FOOD AND FUN ACTIVITIES, RESULTING IN LESS STRESSFUL MEALTIMES DUE TO MAKING BETTER FOOD CHOICES.

In our cooking classes, kids are exposed to smelling, touching, cooking and tasting fresh wholesome foods. They learn fun food facts and are shown how to use basic kitchen utensils and appliances in a safe way. The food the kids make is either eaten at morning or afternoon tea during the class, or packed for them to take home with them. Aprons are provided for use during the class and the recipes are supplied.

Every week, children will explore all five senses as we 'visit' a different country in our kitchen: whether it's sushi from Japan, an Egyptian yogurt dip or a homemade American pie, students will locate their culinary destination on the map before exploring the taste, color, texture, and smell of each ingredient. This class is an excellent opportunity for a picky eater to broaden his/her food choices.



WHAT WILL THEY BE LEARNING?*

CUPCAKES, BARS AND COOKIES

Mini Vanilla Cupcake Push Pops Buttercream Frosting
Chocolate Oatmeal Cookies
Chewy Fudge Bars
Oreo Milkshakes

FRESH HARVEST FROM OUR GARDEN - LITTLE ITALY

Rosemary Focaccia Bread
Panini Bar - Cheese, ham, tomatoes, homemade pesto,
homemade mayo
Mango Panna Cotta
Green Juice

TURNING JAPANESE

Chicken Yakitori
Pork Tonkatsu
Japanese Fried Rice
Coffee Jelly with Vanilla Ice Cream

TIME OUT PARIS

Croque Madame
Chocolate Fondue with Fruit Dippers
French Apple Tart
Mini Chicken Cordon Blue

QUICK BREAD & MUFFINS

Apple Walnut Loaf Bread
Banana Nutella Bread
Chocolate Chip Muffins
Calamansi Muffin with Sweet Glaze

ALL CHOCO LOCO

Baked S'mores Choco Chip Cookies
Choco Cereal Nibbles
Waffle Cone Tippi
Chocolate Mudslide Milk Shake

LETS DECORATE! GO CRAZY WITH YOUR OWN MINI CAKES

Red Velvet Cake with Cream Cheese Frosting
Chocolate Cake with Chocolate Ganache & Sprinkles

VIVA MEXICO

Overloaded Nachos
Homemade Pita Bread
Cheese & Chorizo Quesadilla
Cheesy Fries

***4 themes are chosen for a full course*

**For kids 4 years old and above*